

## Getting to the clinic

5 minute walk from Bethnal Green underground Station and and Cambridge Heath overground station.

Bus routes which stop near Mayfield House: 106, 254, 388, D6 (Old Ford Road Stop directly outside Mayfield House), 309, D3 (York Hall Stop around the corner from Mayfield House).

## Cost of treatment

£20 per session for 0-11 year  
£25 per session for 12-18 year

Reduced rates for postnatal mums who's baby has been treated at the clinic. Ask at reception for more details.

## About us

The London School of Osteopathy teaching clinic aims to offer affordable osteopathic care to people within the local community and beyond.

Our clinic tutors cover a range of specialisms including treatment of babies & children and antenatal & postnatal care for mums.

Yvette and Maria our specialist clinicians have over 27 years of experience treating babies and children.

You do not need a referral from your GP, midwife or health visitor to be seen at the clinic.

[www.lso.ac.uk](http://www.lso.ac.uk)

THE LONDON SCHOOL OF  
OSTEOPATHY



# LONDON SCHOOL OF OSTEOPATHY

## CHILDREN'S CLINIC

Gentle hands-on care from birth

THE LONDON SCHOOL OF  
OSTEOPATHY





## Caring for our youngest patients

Since 2013 the LSO has run a teaching clinic seeing adults, children and babies at Mayfield House in Bethnal Green.

Our paediatric clinic is open every Thursday with Yvette Taylor and Maria Hayes, both experienced osteopaths, who are qualified to treat babies, children and adults.

Before the pandemic, we made very strong links with the paediatric teams in our local hospital and saw many babies who were referred to us by NHS personnel, with a great success rate in treating the musculoskeletal issues they presented with.

## Book your appointment

Paediatric Clinic Appointments  
Thursdays 10am-3pm

Please telephone reception on 020 8983 7133 for more information or to book an appointment.

Email: [lsoclinic@lso.ac.uk](mailto:lsoclinic@lso.ac.uk)

Lines are open weekdays 8am-8pm (Thursdays 8am-6pm) to make an appointment.

Address: Mayfield House, 202b, Cambridge Heath Road, London E2 9LJ.



## What to expect

On the day of your visit, full details are taken about the problem causing the issue(s) together with information about the pregnancy, delivery and family health.

The baby's carer is asked to undress the baby down to the nappy and Maria or Yvette together with a senior student will examine the baby to try to find the cause of the issue(s). We will discuss what we have found and where appropriate will suggest which type of treatment will be suitable.

Treatment of babies is very gentle and they often relax and sleep well afterwards.

